

# Reducing Barriers to Help-Seeking

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## WHO WE SERVE

- ▶ Board of Medicine
- ▶ Board of Nursing
- ▶ Board of Veterinary Medicine
- ▶ Board of Dental Examiners
- ▶ State Bar



## The Stigma is Real

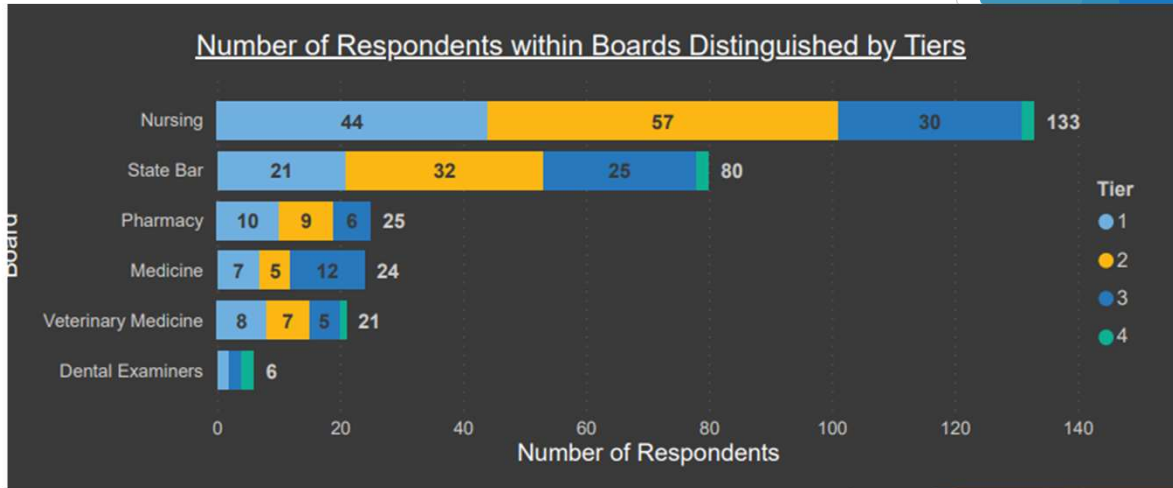
- ▶ Seeking help for SA/MH in a small town
- ▶ Big Cities - Cheyenne 64k - Casper 58k - Gillette 33k
- ▶ Challenges of support group meetings



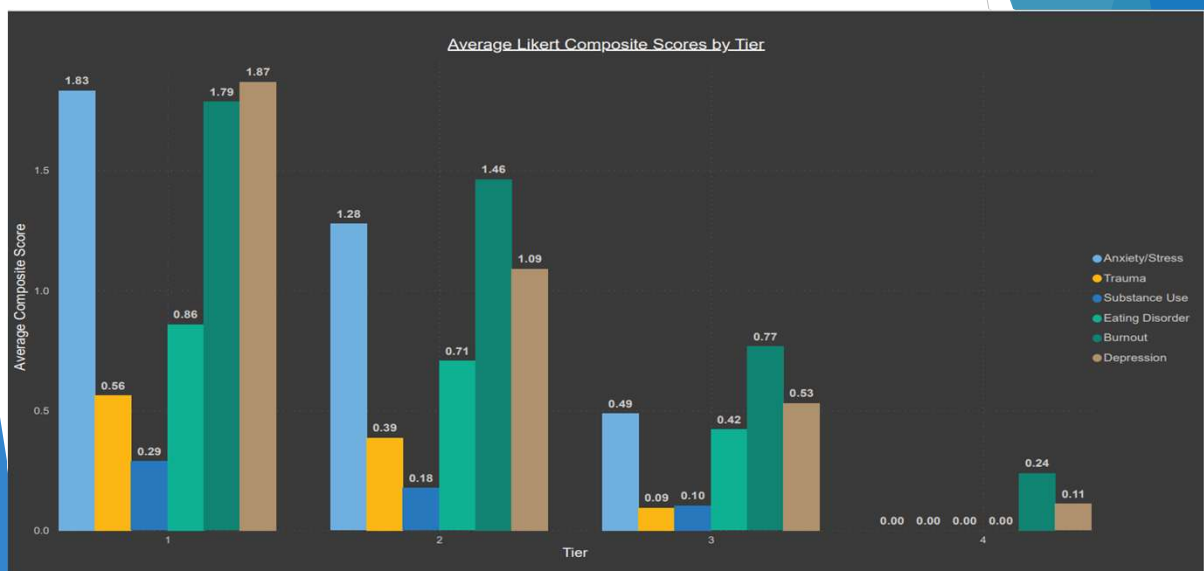
## WPAP ISP Program

- ▶ Education of the Boards
- ▶ Rollout to providers
  - ▶ Sent by the boards to licensees
- ▶ Results

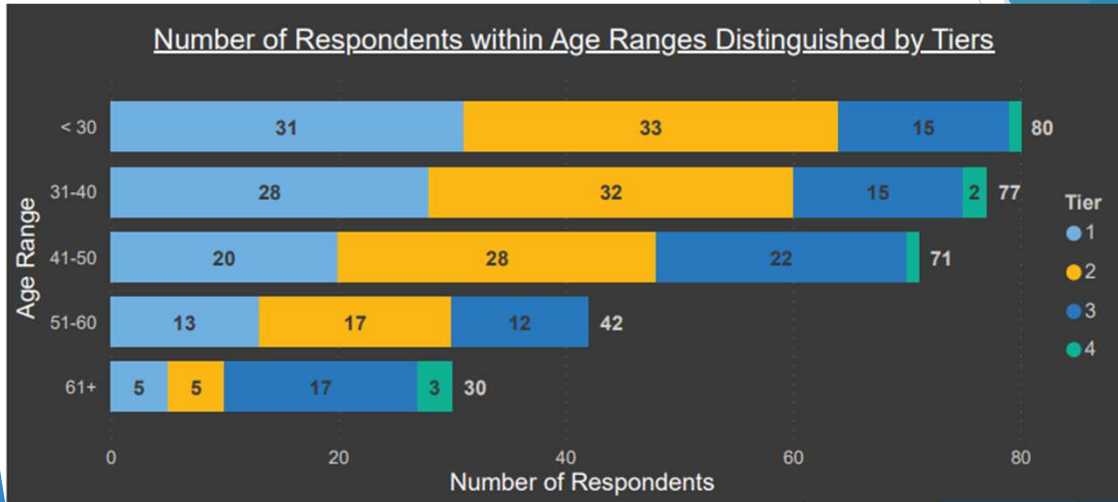
## Responses



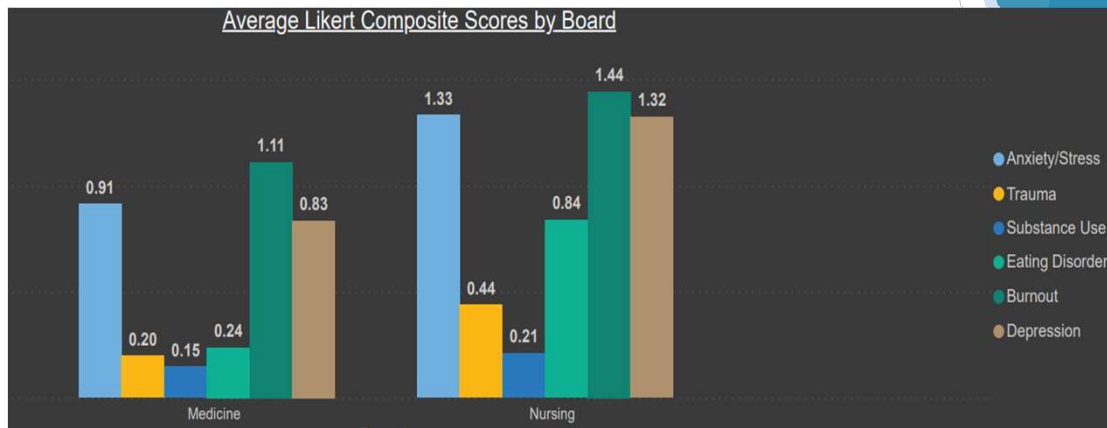
## Average Likert Composite Score by Tier



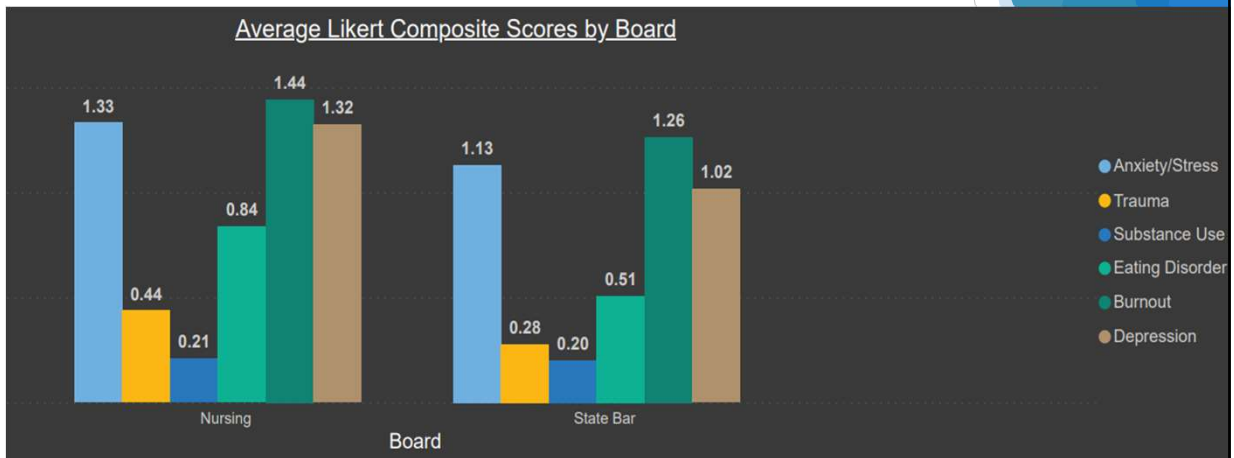
## Tiers by Age



## Medicine vs. Nursing



## Nursing vs. Bar



## Future Implications

- ▶ The future of healthcare practices?
- ▶ Requirements for nurses - training and monitoring
- ▶ MAT for Nurses
- ▶ ????