



# *2016 Annual Education Conference*

**MARCH 15 - 18, 2016**

**West Palm Beach Marriott, West Palm Beach, FL**

***“Join the Voices of Recovery”***



# *Attendee Brochure*

[www.alternativeprograms.org/conference](http://www.alternativeprograms.org/conference)

For information call: 205-823-6106 or email [administration@alternativeprograms.org](mailto:administration@alternativeprograms.org)

## ABOUT US

The National Organization of Alternative Programs (NOAP) was founded in Arlington, Virginia in March of 1999. Originally founded with the support of the National Council of State Boards of Nursing, NOAP felt it could better reach multidisciplinary and non-nursing programs as a separate organization.

NOAP was established to promote public safety by developing alternatives to licensure discipline, promoting safe practice and retention through rehabilitation, monitoring, research, education and standardization of programs; and to collaborate with other professional and consumers to achieve those outcomes.

The mission of NOAP is to promote public safety through participation of potentially impaired healthcare professionals in monitored rehabilitation and recovery as an alternative to license discipline, emphasizing fitness to practice and retention of competent professionals. NOAP is committed to working in cooperation with regulatory and professional organizations toward this objective.



### NOAP Executive Committee

#### President

Ellen B Brickman, MPH, MS, RN, NPP

#### Vice President

Kathie Simpson, RN, BSN, CAC

#### Treasurer

Chuck Lindquist, MA, M. Div.

#### Secretary

Laura Clarkson, BA, RN, CARN

#### Members-at-Large

Shane Moes, MA, LPC, CAADC

Barbara McGill, MSN, RN

#### Past President

Virginia Matthews, RN, BSN, MBA

#### Conference Chair

Peggy Levins, FirstLab

215-396-5524 Office/215-630-4527 Cell

#### Committee Members

Kathie Simpson - SARP/ PNAP (Sponsorships)

Suzanne Kinkle - FL IPN

Allison Sutton - Pine Grove

Barbara McGill - LSBN

Jean Sullivan - Affinity Online Solutions

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## CONFERENCE VENUE

### Marriott West Palm Beach

1001 Okeechobee Blvd.  
West Palm Beach, FL 33401-6214  
Tel: (800) 376-2292 or (561) 833-1234

**Guest Room Group Rates:** \$184.00 per night plus lodging taxes. The discounted room rate is available until February 28, 2016 while rooms last. The discounted room rate (\$184.00) is available 3 days before and after the conference dates. Check In: 4:00 PM / Check Out: 11:00 AM.



**Room Reservation Procedures:** Please make your room reservations by February 28, 2016 to receive the group rate of \$184 per night plus tax. [Reserve your room online at the group rate](#) or by calling the hotel at (800) 376-2292 or (561) 833-1234.

**Ground Transportation:** There is complimentary shuttle transportation to and from **Palm Beach International Airport (PBI)**. The hotel is about 2 miles from the airport. The shuttle is available on request by calling 1-561-833-1234 after you arrive. There are also courtesy phones available at the airport.



The hotel does not provide shuttle service to/from Fort Lauderdale-Hollywood International Airport (FLL).

**Parking:** No charge for conference attendees.

### About the Hotel

Welcome to paradise. Welcome to the West Palm Beach Marriott. The hotel offers travelers a sunny respite from the humdrum of the everyday. Newly renovated guest rooms offer a tranquil vibe, while modern amenities delight even seasoned travelers: high-speed Internet, complimentary airport shuttle and on-site parking are a few favorites. Local entertainment, including CityPlace and the Kravis Center for the Performing Arts, are just moments away, as is the main attraction: Find the beach just 1.5 miles from our Marriott West in Palm Beach. Business travelers appreciate proximity to the Cruzan Amphitheatre, Palm Beach County Convention Center and Palm Beach International (PBI) Airport. Those planning meetings can take advantage of 18,000 sq. ft. of event space, including the area's largest ballroom. Our event experts and custom catering menus guarantee the ultimate experience for your guests at meetings, weddings and Kosher events.



## CONFERENCE AGENDA

### Tuesday, March 15, 2016

- 12noon - 5pm: Registration - Exhibit Hall Lobby
- 1pm - 5pm: Pre-Conference Workshop "Motivational Interviewing" 3.00 CEU  
**Presented by: Shane Moes, LPC, CAADC** (Fee Required - \$50.00)
- 5:30pm - 7pm: Welcome Reception in Exhibit Hall
- 7:15pm - 8:15pm: Support Group Meeting - Open

### Wednesday, March 16, 2016

- 7:30am - 8:30am: Support Group Meeting - Open
- 8am - 4:30pm: Registration - Exhibit Hall Lobby
- 8am - 9:00am: Continental Breakfast with Exhibitors
- 9am - 9:15am: Opening Remarks/Announcements
- 9:15am - 10:30am  
**Scott A. Teitelbaum, MD, FAAP, FASAM**  
*What We Have Learned From State Professional Monitoring Programs*, 1.25 CEU
- 10:30am - 11am: Break in Exhibit Hall - Meet the Exhibitors
- 11am - 12:15pm  
**Al Rundo, PhD, DNP, RN, APRN, NEA-BC, DPNAP**  
*Transference of Dependencies: Bariatric Surgery & Substance Use Disorders*, 1.25 CEU
- 12:15pm - 1:15pm: Membership Luncheon
- 1:15pm - 2:30pm  
**Joe Jones, MS, NRCC**  
*The Future of Hair Testing: Fingernail*, 1.25 CEU
- 2:30pm - 3pm: Break in Exhibit Hall
- 3pm - 4:30pm: MRO / Toxicology Panel Discussion, 1.50 CEU  
**Moderator: Barbara McGill, LSBN**
  - James Ferguson, DO, FirstLab
  - Barry Lubin, MD, Affinity
  - Donna Smith, PhD, EDPM
  - Tony Costantino, DrugScan
- Dinner on your own

### Conference Learning Objectives

- The participant will be able to discuss both the benefits to the individual into the public of the professional monitoring programs as well as the negative aspects and unintended consequences of these programs.
- Participant will recognize and discuss the strengths and limitations of urine, blood, nail and hair testing.
- Participants will be able to identify the areas of the brain and the major neurotransmitters that have a role in obesity and substance use disorders.
- Participants will be able to recognize signs of trauma re-enactment in the relationship with monitoring program participants.
- Participants will identify effective techniques to help healthcare workers cope with burnout and stress.
- Participant will compare and contrast the monitoring of mental health disorders and substance use disorders in healthcare professionals.
- Participants will identify three components of a comprehensive chronic pain management program.

### Thursday, March 17, 2016

- 8am - 4:45pm: Registration - Exhibit Hall Lobby
- 8am - 9am: Full Breakfast with Exhibitors
- 9am - 10:30am  
**Gary Reisfield, MD**  
*Opioid Analgesic Therapy in Pain Management: How We Got Here from There*, 1.50 CEU
- 10:30am - 11am: Break in Exhibit Hall (Door Prizes)
- 11am - 12:30pm  
*“Alternative to Discipline Programs: Trends”*, 1.50 CEU  
**Moderator: Suzanne Alunni-Kinkle, RN, BS, CARN**
- 12:30pm - 1:30pm: Business Meeting Lunch
- 1:30pm - 2:30pm  
**Ann Bostic, CRNA**  
*Latest Trends in Anesthesia*, 1.00 CEU
- 2:30pm - 3:30pm  
**Linda L. Smith, ARNP, MN, M.Div, CAP, CARN-AP**  
*Spirituality and Health/Recovery: “Remembering to Feed Our Spirits”*, 1.00 CEU
- 3:30pm - 3:45pm: Break in Exhibit Hall
- 3:45pm - 5pm  
**Kathy Russell, JD, MN, RN**  
*NCSBN Substance Use Disorder Resources*, 1.25 CEU
- Dinner on your own
- 8pm - 9pm: Support Group Meeting - Open

### Friday, March 18, 2016

- 7am - 8am: Support Group Meeting - Closed
- 8am - 9am: Continental Breakfast
- 9am - 10:15am  
**John C. Tanner, DO, ABAM, FASAM, CCFC**  
*Monitoring of Mental Health Disorders in Healthcare Professionals*, 1.25 CEU
- 10:15am - 10:30am: Election Results and Introduction of New Officers
- 10:30am - 11:30am  
**Penelope P. Ziegler, M.D., FASAM**  
*Trauma in Participants*, 1.00 CEU
- 11:30am - 11:45am: Snack and Stretch
- 12noon - 1pm  
**Issac L. Boose, M.Ed., LPC-S, LMFT, ICAADC**  
*Burnout and Stress: Self-Care for Helping Professional*, 1.00 CEU

**CONFERENCE REGISTRATION**

**#1: Conference Registration**

Type	Rate per Attendee	Quantity	Total
<b>On/Before February 15</b>			
Member (max 1)	\$385	_____	_____
Additional Member Attendees (after 1)	\$300	_____	_____
Non-Member (max 1)	\$450	_____	_____
Additional Non-Member Attendees (after 1)	\$300	_____	_____
Single Day __Wed __Thu __Fri	\$150	_____	_____
<b>On/After February 16</b>			
Member (max 1)	\$485	_____	_____
Additional Member Attendees (after 1)	\$300	_____	_____
Non-Member (max 1)	\$550	_____	_____
Additional Non-Member Attendees (after 1)	\$300	_____	_____

**#2: Pre-Conference Workshop – “Motivational Interviewing”**

Tuesday, March 15, 2016, 1:00 PM - 5:00 PM (3 CEUs)

Type	Rate per Attendee	Quantity	Total
Workshop Attendee	\$50	_____	_____

See next page to complete attendee(s) contact information

**#3. Total Amount Due (1 + 2):** \_\_\_\_\_ \$

**Payment Instructions**

Check (U. S. Dollars only), sign up online at <http://www.alternativeprograms.org/2016/registration>.

Please make your payment to “NOAP” in US Dollar currency and return with this form to:

NOAP \* 3416 Primm Lane \* Birmingham, Alabama 35216, USA

**Registration Notes**

- The early registration deadline is February 15, 2016. Registrations after the early deadline carry a late fee.
- All fees are listed in US Dollars, and all payments must be made in US Dollars.
- Please contact the host hotel for room reservations.

**Cancellation Policy**

- Cancellations received on or before February 15, 2016: 90% registration fees.
- Cancellations received after February 15, 2016: No refund for cancellation.

**CONFERENCE REGISTRATION - CONTINUED**

**Attendee(s) Contact Information**

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Company/Institution: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal: \_\_\_\_\_ Country: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Website: \_\_\_\_\_

Workshop  Conference

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Workshop  Conference